

# Godstock

## Triathlon/ Duathlon



Saturday June 5th, 2010

8:00 AM

Pre-Register by May 22nd

This event will be held at the  
J. Fred Corriher, Jr. YMCA.  
Chip timed RMS Sports

Triathlon:

250 Pool Swim, 12 Mile Bike, and a 5K run

Duathlon:

1 Mile Run, 12 Mile Bike, and a 5K Run.

For recreational and competitive racers.

**WARNING: You may find helping others addicting. All proceeds benefit Godstock, a Christian Organization that provides spiritual and financial help to families with critically ill children.**

**REGISTER:**



[http://www.active.com/event\\_detail.cfm?event\\_id=1831861](http://www.active.com/event_detail.cfm?event_id=1831861)

**OR**

The J. Fred Corriher, Jr. YMCA  
950 Kimball Rd. China Grove, NC 28023  
704-857-7011 Contact: Jenny Buchanan

**? Call Jenny Buchanan 704-857-7011**

