



**ALL Joining Fees
NOW \$25!**

Fees apply to all brand new or return memberships.

Stall Talk

**Welcome 157 NEW Y members in Aug
Silver Sneakers has 117 members**



**Wellness
Connection**

***Diabetes Support*
Tues Sept 14 @ 11 AM
*Health Screenings***

**Tues Sept 28
11 AM - 2 PM**

Take Off A Ton Class

**Meets Tues @ 9 am
Begins Sept 14**

Book Club

Sept 20 @ 3 PM

Senior Lunch

Sept 28 @ 12 PM

Bible Study

Weds @ 9 AM

Visit our website

www.rowanymca.org

**Before/After School
Program**

Register Now!

Fall Sports

Practices Begin 9/13

Games Begin 9/25

Family Barn Dance

Sept 25 6:30 - 9 pm

Bonfire @ 8 pm

Zumba

Held in Gym

**4 times
each week**

Y Closed Sept 6

**Want a FREE
Month's Membership?**

**Ask about "Member
Get a Member"**



09/02/10